

“False”

By: Lauren Foster

False, is my answer to a true or false question
False, is when I'm denying my lies being questioned
False is always my answer because everything I am or do is false
I'm a fraud
An imposter
A syndrome filled with symptoms of pills bottled up stuck on a shelf
A disease spreaded to towels I threw in because of one person
Myself
You think I'm making this up?
You think this smile doesn't get sick and tired of being shoved?
You think I'm perfect?
Baby
Perfection is non-existent
Yes, even Beyoncé is having a hard time living
Not with concerts and songs
But with 3 kids and a husband, that's strong
But the crazy thing is that I have to remind myself constantly
To not think suicidal
To not think negatively
I may not be perfect the way I am
It's hard when the whole world is pretty, smarter, and fiercer than me, you know?
But I'm learning how to speak up when I'm down
How to hole on if I fall down
I'm learning how to circle in true, in a true or false question
I am learning
I am still learning