## "The Poems God and I Write At The Golden Table" By: Lauren Foster

... are something you wouldn't expect the Highest Being to write The poems God and I write at the Golden Table are truly sacred Truly satisfying like red velvet icing sprinkled with Oreo bits We dissect each line and stanza in bits Sometimes a memory or a fever dream hits me, and my mind shatters to bits Sometimes Satan's knee gut-punches my stomach, and I fall into Moses' river of blood straight to Hell Sometimes I wake up in the dark and realize God is a spirit I yell, so He can hear it and on the outside to those who don't believe believe I'm mentally ill But the God I serve will hear me still I close my eyes and walk in His gilded palace Every wicked thing, every wicked malice smashes as I walk to my Lord Even though we have met here dozens of times, I still get nervous and I tremble at His feet He lifts me up, and I realize I've never been this light before He closes the kingdom doors, and we write I say "we write," but it's God writing and me proofreading As He writes poetic melodies and metaphors, I look at the ceiling Sealing away all the snakes that are stealing me away from my untapped potential My potential energy suddenly turns kinetic I can feel within my genetics that a fruit is growing in me A fruit has grown in me

And the only person who can prick the fruit off the tree...is me Because I am what's holding me back I am my own worst enemy I am what cradles me oh so gently and slams me on the ground vehemently God lets go of the paper and pencil Yet it still moves I am alone in my room Yet it still moves My hands unknowingly pick up where God left off And it still moves God continues to move in me He is watching the movie of me I pray to and thank Him for believing in me For seeing me as nothing less of a masterpiece For allowing me to breathe and write all things serene and extreme I thank Him I wake up in the dark once again But like times before then, I am not alone